

The content around subjects of sex, sexuality, and safe touch are sensitive subjects. Perfect resources do not exist on this topic, but I agree with Birds & Bees that these materials can provide good starting places for parents with their children. As always, we recommend reading or previewing resources to determine if they are appropriate for your family and align with your family message before introducing them to your child(ren).

1. Birds & Bees Discussion Guide pdf (see previously attached)
2. [God Made All of Me](#) (this one is a book on body boundaries and safe touch from a Christian perspective, but the tone is a little intense...)
3. [Good Pictures Bad Pictures](#)
4. [Good Pictures Bad Pictures Jr. \(ages 3+\)](#)
5. The Story of Me | Before I Was Born - [Amazon](#)
6. The Care and Keeping of You - [Amazon](#)
7. Guy Stuff: body book for boys - [Amazon](#)
8. fightthenewdrug.org
9. protectyoungminds.org
10. medinstitute.org (medical source for sexual issues)
11. Your pediatrician!